



## QUEEN MARY AFTER SCHOOL PROGRAMS

**\*\*Please note that a Parent Emergency Consent Form will be emailed to parents before the program starts. Please have this form filled out and handed in to the instructor on the first day of programs.**

**beArt with Denise Gr. 3-5** **Art Room 312**  
Enrich in new art experiences to expand their creative capacity, development, and art knowledge, beArt offers a fun, high quality visual arts program where children experience the process of drawing, painting, printmaking.

**(No class on Feb 18th.)**  
411339 M Feb 4-Mar 11 3:05-4:30pm \$30

**Red Fox Active Play Gr. 4-7** **Gymnasium**  
Red Fox Active Play is a free program that promotes physical literacy and social development through fun and active activities. Children will learn new skills, gain confidence and physical fitness through games, circus arts and sports.

411340 Th Jan 31-Mar 7 3:05-5:00pm FREE  
*\*\*Offered by the North Shore Neighbourhood House. For Red Fox Consent Forms and more information please contact Leah Herman at lherman@nsnh.bc.ca.*

**NSNH Pre-teen Drop-In's at Queen Mary School Gr. 5-7:**  
Lunch Girls Group every Monday 12:25pm-1:00pm @ QM Library  
Lunch Arts Program every Wednesday 12:25pm-1:00pm @ QM Arts Room

Students are responsible for making their own way to the programs.  
Instructors will be meeting them in the designated room.  
Please remind your child when programs begin.

**Registration begins on Wed. January 16 at 9:00am**  
**WAYS TO REGISTER:**  
**In Person:** Drop by any of our Recreation Centres during office hours  
**Customer Call Centre:** 604.987.PLAY (7529). M-F 8:30am-6:30pm  
**Online registration:** www.nvrc.ca

**PROGRAMS AT JOHN BRAITHWAITE COMMUNITY CENTRE**  
145 W 1st St, North Vancouver, BC, V7M 3N8 | 604-983-6471  
**Family Open Gym Drop-In 1-12yrs** **Gymnasium**  
A fun and affordable way for families to be active together. There is lots of space for parents and children, 12yrs and under, to play in our gym with a gymnastics circuit, trikes, balls, and open courts for basketball.  
Su Jan 13-Mar 31 1:30-3:00pm \$2  
**Pre-Teen Drop-In Grades 5-7** **Youth Lounge**  
Table tennis, arts and crafts, pool and video games. Contact Kyle for more information at 604.983.6492.  
Tu 3:00-5:00pm FREE

**For more information about programs or financial assistance:**  
Leah Herman, NSNH Community Project Coordinator -  
Queen Mary, Westview, and Ridgeway Schools  
**604-290-2384 or lherman@nsnh.bc.ca**  
OR  
John Braithwaite Community Centre  
**604-983-6471**

*"Building our community one relationship at a time"*  
Programs offered by the North Shore Neighbourhood House in partnership with the North Vancouver Recreation & Culture Commission

